



FITNESS ACCESSORIES
CATALOGUE 20/21

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PNJ FITNESS PVT LTD (INDIA) - Exclusive Dealer for Adidas Range of Fitness Accessories in India

INDEX

CARDIO BENCH GYM	03-11
RECOVERY	12-14
STRENGTH	15
TRAINING	16-21
YOGA	22-25
WATER BOTTLE	26-27





T-19 TREADMILL

MRP 182999

AVUS-10421

Designed for progressive home cardio, the T-19's NRG cushioning technology minimises wear on the joints; absorbing each strike to strengthen your workouts. Fitted with a 3.5 HP motor, the treadmill helps test your limits with challenging steady state and interval workouts – hitting 20 kph across 15 power incline levels.

Featuring 24 pre-set workouts + target and user defined programmes; the Ultra Series console creates motivating and tailored runs for all abilities. Displaying performance metrics and live heart rate stats, the 8" LCD display boosts your run for effective cardio sessions.

• 3.5 HP Motor

- 8" LCD Display
- Running Area (L x W) - 1400 x 510 mm
- 20 KPH Max. Speed
- 15 Power Incline Levels
- 24 Pre-Set Workouts + Bodyfat Test, 33 User-Defined, 3 HRC & 3 Target Programs
- 25 years frame, 10 years motor & 2 years computer, plastic & labour warranty
- Adjustable cooling fan
- Auto-Stop Safety Key
- Floor level adjustment
- Bottle Holder & Storage Tray
- Built-in tablet holder & Transport Wheels
- Integrated Hand Pulse Sensors
- USB , MP3 Input with 5W Speakers
- NRG Cushioning Technology
- Soft Drop Hydraulic Folding
- Ultra Series Console
- Wireless Pulse Receiver
- Max. User Weight - 150 Kgs.
- Net Weight - 96 Kgs.
- Setup Dim. (L x W x H) - 1850 x 865 x 1535 mm



LED BASE



T-19i TREADMILL

MRP 139999

AVUS-10321

Delivering effective home cardio workouts, the adidas T-19i challenges your stamina for complete fitness progression. Featuring 24 demanding pre-set workouts, the onboard console controls 15 incline levels with a max. speed of 18 kph; ramping up your workouts for consistent training progression.

Providing key workout stats through its clean LED console, the T-19i also houses NRG Cushioning Tech; absorbing each strike for total comfort and performance. Offering live heart rate data, the treadmill's integrated hand pulse sensors ensure optimised sessions with a built-in fan to keep you cool. Fitted with a mobile device holder and 5W speakers, the T-19i amplifies your training playlists, focussing your runs for stronger results.

• 2.25 HP Motor

- 6 Window LED Screen
- Running Area (L x W) - 1400 x 460 mm
- 18 KPH Max. Speed
- 15 Power Incline Levels
- 24 Pre-Set Workouts, 3 User-Defined & 3 Target Programs
- 25 years frame, 10 years motor & 2 years computer, plastic & labour warranty
- Adjustable cooling fan
- Auto-Stop Safety Key
- Bottle Holder & Storage Tray
- Built-in tablet holder & Transport Wheels
- Integrated Hand Pulse Sensors
- USB , MP3 Input with 5W Speakers
- NRG Cushioning Technology
- Soft Drop Hydraulic Folding
- Ultra Series Console
- Max. User Weight - 120 Kgs.
- Net Weight - 85.5 Kgs.
- Setup Dim. (L x W x H) - 1795 x 810 x 1470 mm





PERFORMANCE HOME GYM

MRP 86299

ADBE-10250

Functional and versatile, the adidas Home Gym offers all the tools for full body strength training. With a dynamic pulley system, the gym allows efficient transitions between exercises with 100 kg at your disposal. Fit for push, pull, lower body and core workouts; the Gym's three load points allow you to target all key muscle groups from a single weight stack.

Made from solid steel with dense foam padding, the Home Gym provides a comfortable base for your workout. Fitted with a removal preacher station and adjustable back pad, the Gym is fit for all shapes, sizes and exercise regimes.

When placed at each load point, the four removable

attachments offer countless exercise variations for tailored and effective workouts. Fitting your strength essentials into a compact footprint, the adidas Home Gym provides all the tools for advanced home training; the rest is up to you.

Setup Dim. (L x W x H) - 1850 x 1040 x 2120 mm

Weight Stack : 100 Kgs.

Max. User Weight : 125 Kgs.

Net Weight : 176 Kgs.



ESSENTIAL HOME GYM

MRP 52999

ADBE-10460

Built for full body strength training, the Essential Home Gym's versatility delivers effective workouts in a compact footprint. Featuring a dual-leg developer, the Gym offers curl and extension functions whilst the torso station's push, pull and pivot mechanism creates challenging chest and back workouts. Operating from both high and low pulleys, the Gym's four attachments broaden your exercise potential further; pushing any exercise with its 44.5 kg stack.

Developing total body conditioning, the Essential Home Gym targets your key muscle groups with effective workouts for any ability.

Size : L x W x H - 1425 x 980 x 2035 mm

Weight Stack : 44.5 Kgs.

Maximum User Weight : 120 Kgs.

Net Weight : 85.5 Kgs.





PERFORMANCE FLAT BENCH

MRP 12999

ADBE-10222

Engineered to broaden your exercise potential, the Performance Flat Bench is the cornerstone of any strength program. Made from thick hollow steel with a densely padded surface, the bench combines stability with comfort for total training performance.

Ideal for an array of weighted and unweighted exercises, the Flat Bench has a max load of 205 kg; allowing you to ramp up your workouts for consistent progression.

Featuring 'SCAN TO TRAIN', the Performance Flat Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

Size : L x W x H - 1190 x 485 x 420 mm

Max. User Weight : 125 Kgs. | Max. Load : 205 Kgs.

Net Weight : 13 Kgs.

PERFORMANCE AB BENCH

MRP 16599

ADBE-10220

Designed to enhance core workouts, the Adjustable Ab Bench extends your range of motion for greater abdominal stress. Upping the intensity of your basic core movements, the bench's foam-padded anchors lock in your legs; providing the necessary leverage for decline exercises.

Constructed with a sturdy steel frame, the bench lays a comfortable foundation with a dense foam back pad for total performance. Featuring 'SCAN TO TRAIN', the Ab Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

Size : L x W x H - 1130 x 460 x 460 mm

Max. User Weight : 125 Kgs. | Max. Load : 175 Kgs.

Net Weight : 11.5 Kgs.



PERFORMANCE UTILITY BENCH

MRP 19399

ADBE-10225

A versatile training tool, the Performance Utility Bench is the ideal platform for upper body workouts. Built with thick padding and foam ankle anchors, the dual-adjustable bench allows you to vary your workouts with tailored seat and back pad positions.

Hardwearing and made to last, the Utility Bench provides total stability during your lifts for consistent optimal performance.

Featuring 'SCAN TO TRAIN', the Performance Utility Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

Size : L x W x H - 1210 x 490 x 1130 mm

Max. User Weight : 125 Kgs. | Max. Load : 175 Kgs.

Net Weight : 16 Kgs.

Always consult a doctor for injury diagnosis and treatment.



PERFORMANCE TRAINING BENCH

MRP ₹ 30499

ADBE-10228

Ideal for both upper and lower body training, the plate loaded leg developer works the quads and hamstrings with its curl and extension functionality.

Made from solid steel with thick foam padding, the bench combines comfort with stability for top performance. Fitted with built-in wheels for easy placement, the Training Bench offers all the tools for your strength regime.

Featuring 'SCAN TO TRAIN', the Performance Training Bench delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

Size : L x W x H - 1810 x 605 x 1200 mm

Max. User Weight : 135 Kgs. | Max. Load : 215 Kgs.

Net Weight : 26 Kgs.

PERFORMANCE POWER TOWER

MRP ₹ 35999

ADBE-10229

Designed for bodyweight training, the Performance Power Tower helps develop the chest, back, arms and abs with simple compound movements. Built with a solid steel frame and dense foam padding, the Power Tower features rubberised non-slip feet to aid stability.

Creating challenging workouts with varied grip positions, the Tower's adaptable design broadens your training potential.

Featuring 'SCAN TO TRAIN', the Performance Power Tower delivers detailed training information to help guide your workouts - simply scan the QR code for full exercise videos.

Size : L x W x H - 1470 x 560 x 220 mm

Max. User Weight : 135 Kgs.

Net Weight : 39 Kgs.



SPORTS UTILITY BENCH

MRP ₹ 16599

ADBE-10341

Made with a sturdy steel frame and 5 levels of incline adjustment, the adidas Sports Utility Bench is as versatile as it is robust.

The thick foam padding provides comfort and protection whilst the tapered back pad allows for a full range of motion, especially when pressing.

Foam ankle supports and rubberised feet enhance stability, whilst transportation wheels allow you to manoeuvre the bench with ease.

Size : L x W x H - 1400 x 455 x 1310 mm

Max. User Weight : 100 Kgs. | Max. Load : 150 Kgs.

Net Weight : 18 Kgs.



SPORTS UTILITY BENCH & SQUAT RACK

MRP ` 28999

ADBE-10345

Adjustable foam ankle pads provide improved stability. Variable squat rack height. Incline adjustment for muscle targeting and exercise.

Size : L x W x H - 1680 x 1560 x 1490 mm

Bench - Max. Load : 230 Kgs. | Max .User Weight : 130 Kgs.

Rack - Max. Load : 150 Kgs.

Net Weight : 31 Kgs.



ESSENTIAL AB BOARD

MRP ` 9199

ADBE-10433

5-position adjustable foam rollers. Helps to strengthen core muscles. Sturdy frame design and easy assembly.

Size : L x W x H - 1390 x 350 x 580 mm

Max. User Weight : 100 Kgs. | Max. Load : 150 Kgs.

Net Weighn : 8.5 Kgs.



ESSENTIAL UTILITY BENCH

MRP ` 13999

ADBE-10436

Position adjustable foam ankle pads for improved stability. Incline, decline and flat back pad adjustment.

Size : L x W x H - 1390 x 640 x 1190 mm

Max. User Weight : 150 Kgs. | Max . Load : 180 Kgs.

Net Weight : 12.5 Kgs.



ESSENTIAL FLAT BENCH

MRP ` 9199

ADBE-10437

Fly exercises, bench and chest presses and single arm rows are all classic free-weight moves that this bench is perfect for.

Size : L x W x H - 1070 x 460 x 480 mm

Max. User Weight : 100 Kgs. | Max. Load : 180 Kgs.

Net Weight : 8.5 Kgs.

Always consult a doctor for injury diagnosis and treatment.



ESSENTIAL WORKOUT BENCH

MRP ` 16699

ADBE-10452

The 4 levels of incline along with the built in barbell rack allow you to maximise the variety and effectiveness of your bench workout. Size : L x W x H - 1530 x 630 x 1145 mm

Max. User weight : 100 Kgs. | Max. Load : 150 Kgs. Net Weight : 19 Kgs.



FOAM ROLLER

MRP ` 4199



ADAC-11501
ADAC-11501BL

Size : L x W x H - 380 x 140 x 140 mm

Foam rolling enables one to stay mobile and recover faster from soft tissue fatigue. The hard inner sleeve enables you to roll and massage muscle tissue much deeper than is possible with soft rollers.

MINI FOAM ROLLER

MRP ` 2499



ADAC-11504GR

Size : L x W x H - 180 x 80 x 80 mm

Compact and lightweight, the mini roller targets tight tissue with focussed pressure; increasing mobility and accelerating recovery. The raised bobbled texture also massages the muscles, promoting blood flow and releasing tense tissue.

MASSAGE ROLLER

MRP ` 1399



ADTB-11608

Size : L x W x H - 487 x 39 x 39 mm

Built to release tight tissue, the adidas Massage Roller targets aches and pains with broad yet concentrated pressure. Featuring two handles with fluted foam covers, the roller's seven rotating balls have a grooved texture for effective treatment across a larger surface area.

Ideal for the larger muscle groups, the roller is also fit for more focused massage; allowing you to enhance each workout both pre and post-session.

DOUBLE MASSAGE BALL

MRP ` 1099



ADTB-11609

Size : L x W x H - 135 x 65 x 65 mm

Helping to relieve tight tissue, the Double Massage Ball provides tailored pressure to increase blood flow and accelerate recovery.

The dual-ball design creates two points of pressure for more targeted back, arm and leg massages.

UNIVERSAL SUPPORT WRAP

MRP ` 1099



ADSU-13371 - SH
ADSU-13373 - LON

Size : L x W x H - 490 x 60 x 2 mm

Size : L x W x H - 1390 x 80 x 2 mm

It provides strong, adjustable support. Worn during sports and training sessions, supports and wraps strategically reinforce the relevant joint without over restricting movement.

MINI BANDS

MRP ` 1499



ADTB-10606

Size : L x W x H - 600 x 50 x 4 mm

The bands are ideal for toning, stretching or rehabilitation exercises.

PERFORMANCE- CLIMACOOOL SUPPORT ANKLE SUPPORT

MRP ` 2099



ADSU-13312 M

ADSU-13313 L

Size : L x W x H - 193 x 99 x 3 mm

Size : L x W x H - 194 x 111 x 3 mm

It helps to reduce the onset of muscle soreness. Wearing an Ankle Support can reduce the risk of over-rotational movement and assist in reducing swelling of the muscles after exercise.

KNEE SUPPORT

MRP ` 2499



ADSU-13322 M

ADSU-13323 L

Size : L x W x H - 220 x 150 x 3 mm

Size : L x W x H - 224 x 172 x 3 mm

Performance Climacool Supports are engineered to enhance performance and recovery. It helps to reduce the onset of muscle soreness. The knee support applies sufficient yet gentle pressure to the sub patella region, promoting blood circulation and preventing muscle inflammation.

ANKLE SUPPORT

MRP ` 699



ADSU-12412RD M

ADSU-12413RD L

Size : L x W x H - 220 x 100 x 3 mm

Size : L x W x H - 220 x 110 x 3 mm

Designed to fit the natural curvature of the joint and offer support. The reinforced nylon trim will keep the support secure and the breathable fabric wicks moisture away to maintain a comfortable fit.

KNEE SUPPORT

MRP ` 699



ADSU-12422RD M

ADSU-12423RD L

Size : L x W x H - 240 x 145 x 3 mm

Size : L x W x H - 245 x 170 x 3 mm

Designed to fit the natural curvature of the joint and offer support without restricting movement or comfort, making it ideal for sports and training activities.

ELBOW SUPPORT

MRP ` 699



ADSU-1243 D M

ADSU-12433RD L

Size : L x W x H - 240 x 125 x 3 mm

Size : L x W x H - 240 x 135 x 3 mm

Designed to fit the natural curvature of the joint and offer support without restricting movement or comfort. The reinforced nylon trim will keep the support secure, while

WRIST SUPPORT

MRP ` 699



the breathable fabric wicks moisture away.

ADSU-12442RD M

ADSU-12443RD L

Size : L x W x H - 180 x 90 x 3 mm

Size : L x W x H - 180 x 100 x 3 mm

Designed to fit the natural curvature of the joint and offer support without restricting movement or comfort.



KETTLEBELL

ADWT-11312 - 4 Kgs. - (Size : L x W x H - 180 x 95.2 x 202.4 mm)

ADWT-11313 - 8 Kgs. - (Size : L x W x H - 210 x 126 x 218.7 mm)

ADWT-11314 - 12 Kgs. - (Size : L x W x H - 240 x 135 x 248.2 mm)

ADWT-11315 - 16 Kgs. - (Size : L x W x H - 240 x 147.5 x 259 mm)

Constructed with heavy duty iron, the bells have a flat base to sit firmly on the floor to perform a large number of exercises. When you swing a kettlebell, it might look like it's a shoulder exercise, but actually 70% of the power is coming from your legs and buttocks.

HEXAGONAL DUMBBELLS

ADWT-10001 - 1 Kg - (Size : L x W x H - 146 x 57 x 51 mm)

ADWT-10002 - 2 Kgs. - (Size : L x W x H - 171 x 75 x 67 mm)

ADWT-10003 - 3 Kgs. - (Size : L x W x H - 192 x 87 x 78 mm)

ADWT-10004 - 4 Kgs. - (Size : L x W x H - 207 x 96 x 86 mm)

ADWT-10005 - 5 Kgs. - (Size : L x W x H - 217 x 104 x 93 mm)

Neoprene coated with a cast iron core, adidas Dumbbells help strengthen and tone; broadening your exercise potential with 1 – 5 kg options to scale the difficulty. An established training cornerstone; dumbbells are built for both isolated and compound movements, allowing you to diversify your workouts and hit any goal.

Featuring a unique hexagonal design, adidas dumbbells stay put once set down for added safety and ease of storage.



NEOPRENE DUMBBELLS



ADWT-10021 - 1 Kg - (Size : L x W x H - 167 x 59 x 55 mm)

ADWT-10022 - 2 Kgs. - (Size : L x W x H - 200 x 85 x 80 mm)

ADWT-10023 - 3 Kgs. - (Size : L x W x H - 210 x 96 x 91 mm)

ADWT-10024 - 4 Kgs. - (Size : L x W x H - 227 x 101 x 96 mm)

ADWT-10025 - 5 Kgs. - (Size : L x W x H - 240 x 112 x 101 mm)

Use of dumbbells can be adapted to meet almost every exercise. Having a slight advantage over cast iron or vinyl dumbbells when it comes to sweat. The neoprene dumbbell's soft, smooth coating ensures the weight is less slippery.

WEIGHT LIFTING BELT - NYLON

MRP ` 1599



ADGB-12244 XS

ADGB-12245 S

ADGB-12237 M

ADGB-12238 L

ADGB-12239 XL

Size : L x W x H - 1030 x 100 x 10 mm

Layers of nylon and rigid padding create a comfortable and structured fit designed to complement and assist the muscles of the torso during training and in particular heavier lifts. A fully adjustable Velcro® closure ensures a snug and comfortable fit. Useful for bracing the abdominal wall and creating intra-abdominal pressure

Always consult a doctor for injury diagnosis and treatment.

WEIGHT LIFTING BELT - LEATHER

MRP ` 2299



ADGB-12234 M

ADGB-12235 L

ADGB-12236 XL

ADGB-12236X XXL

Size : L x W x H - 620 x 40 x 5 mm

Designed for maximum back and core support when performing heavy lifts. The fully lined wide leather weightlifting belt features a built-in cushioned lumbar pad to help alleviate strain on the back muscles by keeping the back aligned during each lift



PUSH UP BARS

MRP ` 1899



ADAC-12231

Size : L x W x H - 195 x 150 x 115 mm

Push-ups are a great exercise to build upper body and core strength. The apparatus enables you to exercise free of pain and lets you lower yourself closer to the floor which increases the muscle work output required.

CORE ROLLERS

MRP ` 3799



ADAC-11604

Size : L x W x H - 210 x 145 x 145 mm

Designed to engage the core muscles and strengthen the upper body. The rolling motion of the equipment triggers hard to target muscles through a variety of exercises such as oblique and pike roll-outs.

DOOR GYM

MRP ` 4199



ADAC-11402

Size : L x W x H - 980 x 456 x 270 mm

Door Gym with four hand grip options including close, wide, hammer and inverted. The counterbalance system secures the product safely in position on the door frame. Also use the equipment on the ground to perform push-ups or tricep dips.

PROFESSIONAL GRIP TRAINERS

MRP ` 1399



ADAC-11400

Size : L x W x H - 135 x 86 x 27 mm

Grip exercises can lead to increased forearm muscularity, hand strength, endurance and dexterity, which in turn leads to better weight training performance.

AB WHEEL

MRP ` 1699



ADAC-11404

Size : L x W x H - 293 x 180 x 180 mm

AB Wheel improves and optimises the movement by placing you closer to the floor - this means that every muscle involved in stability and dynamic strength is called in to action. Doing 1000s of sit ups won't give you flat abs - to achieve that you have to work the abdominal muscles as an integrated part of your torso.

TRAIN BAR

MRP ` 4599



ADAC-11403

Tube Size : 20 x 650 mm

Steel Bar Size : 10 x 700 mm

The adjustable strap enables you to adapt the resistance in an instant and with the four carabiners, you can attach both tubes to one end of the bar to double up the resistance for rip, cross chop and racquet style exercises.

It enables you to work all three planes of motion against a challenging level of resistance so you can develop a strong core and perform functional strength exercises in no time.

ANKLE / WRIST WEIGHTS



ADWT-12227 - 0.5 Kg **MRP ` 1999**
 ADWT-12228 - 1 Kgs **MRP ` 2399**

Size : L x W x H - 390 x 80 x 20 mm

Soft, tactile and comfortable, the contoured weights wrap around your ankle or wrist securely. Ankle weights are especially effective in adding weight to pull-ups and dips.

ADJ. ANKLE / WRIST WEIGHTS



ADWT-12229 - 1 Kgs **MRP ` 2999**
 ADWT-12230 - 2 Kgs **MRP ` 3799**

Size : L x W x H - 330 x 135 x 30 mm

These adjustable weighted ankle weights features a super quick on/off Velcro® design. Adidas ankle strap to work towards improving your stamina and strength.

ESSENTIAL SKIPPING ROPE

MRP ` 669



ADRP-11017

Size : L x W - 3000 x 5 mm

Skipping is an exercise that has been widely used for decades to build endurance, speed and agility. 3m in length. Designed to raise your heart rate, keep you strong and agile.

SPEED ROPE

MRP ` 1099



ADRP-12234

Size : L x W - 3000 x 6 mm

The integrated ball bearing inside the rope translates your force into speed, giving you both speed and strength. Designed to raise your heart rate, keep you strong and agile.

GYM BALL



ADBL-11245GR-55cm **MRP ` 2099**
 ADBL-11246GR-65cm **MRP ` 2099**
 ADBL-11247GR-75cm **MRP ` 2499**

Made from anti-slip material, the ball supports you throughout your workout with a dual-textured surface for maximum grip. Featuring anti-burst technology, the ball slowly deflates if punctured to help avoid injury. Helps develop core strength and stability.

TRAINING MAT

MRP ` 3799

10mm thick, mat for extra comfort whilst you train. The cushioned mat reduces pressure on the joints whilst closed cell technology minimises moisture absorption. Designed with stitched fabric edging for added durability. A ridged base which grips the floor, increasing traction for more effective training.

Size : L x W x H - 1830 x 610 x 10 mm



ADM- 2235R
Red



ADMT- 2235G
Grey

FITNESS MAT

The 7m mat has a ridged base to increase stability for stronger workouts. The padded cushioning creates a comfortable surface. Made from NBR, Ridged bottom helps grip the floor and reduce movement. Easy to wash and clean.

MRP ` 2799

Size : L x W x H - 1730 x 610 x 7 mm

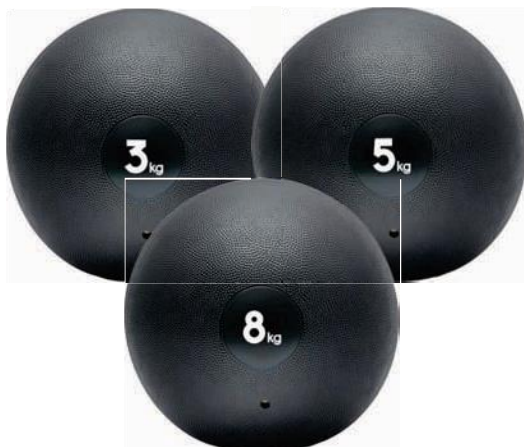


ADMT-11014BL
Fitness Mat Blue - 7mm



ADMT-11014RD
Fitness Mat Red - 7mm

SLAM BALL



ADBL-10222 - 3Kgs. **MRP ` 3099**
ADBL-10223 - 5Kgs. **MRP ` 3399**
ADBL-10224 - 8Kgs. **MRP ` 4199**

Size : L x W x H - 228 x 228 x 228 mm

Compact and versatile, adidas Slam Balls are designed for both circuit and strength training. With a bobble surface texture providing maximum grip, the ball's compact 23 cm diameter broadens its exercise potential.

Built to withstand powerful impacts, the pliable design absorbs contact when slammed to minimise recoil and maximise effort.

Always consult a doctor for injury diagnosis and treatment.

RESISTANCE TUBE



ADTB-10501 - L1 **MRP ` 1099**
ADTB-10502 - L2 **MRP ` 1399**
ADTB-10503 - L3 **MRP ` 1699**

Size : L x W x H - 1440 x 125 x 25 mm

Fitted with comfort grip handles with three interchangeable resistance levels (sold individually); the resistance band assists with strengthening multiple muscle groups at one time.

POWER TUBE



ADTB-10601 - L1
ADTB-10602 - L2 **MRP ` 2399**
ADTB-10603 - L3

Size : L x W x H - 1450 x 130 x 35 mm

The Power Tubes enable you to perform quick, effective toning and strength exercises every day with minimum delayed muscle fatigue. The outer sleeve means resistance remains constant even when the band makes contact with you.

HEAD BAND

MRP ` 999



ADAC-16211BK
ADAC-16211WH

Size : L x W x H - 220 x 70 x 0 mm

Keeping your hair under control, adidas Headbands absorb sweat and reduce irritation with an elasticated fit to keep it secure.

Ideal for yoga, sports and general exercise, the bands keep you focussed whatever you're training.

COMPRESSION CALF SLEEVES

MRP ` 1399



ADSL-13323BK - (S, M)
ADSL-13323GR - (S, M)
ADSL-13325BK - (L, XL)
ADSL-13325GR - (L, XL)

Size **(S, M)** : L x W x H - 250 x 110 x 3 mm

Size **(L, XL)** : L x W x H - 280 x 130 x 3 mm

Combining performance and comfort, adidas Compression Sleeves stimulate blood circulation and boost performance. Accelerating recovery whilst moderating soreness postworkout, the sleeves dotted silicone inlay prevents slippage to keep your training focussed.

COMPRESSION ARM SLEEVES

MRP ` 1699



ADSL-13023BK - (S, M)
ADSL-13023GR - (S, M)
ADSL-13025BK - (L, XL)
ADSL-13025GR - (L, XL)

Size **(S, M)** : L x W x H - 435 x 115 x 3 mm

Size **(L, XL)** : L x W x H - 480 x 130 x 3 mm

Combining performance and comfort, adidas Compression Sleeves stimulate blood circulation and boost performance. Accelerating recovery whilst moderating soreness postworkout, the sleeves dotted silicone inlay prevents slippage to keep your training focussed.

ELITE

MRP ₹ 1899

High-end gloves with full palm padding offers total comfort and grip. Inner lining provides comfort and warmth. Integrated thumb towelling for wiping sweat. Rugged double wrist strap for total support and a secure fit.



Silver

ADGB-14213 S
 ADGB-14214 M
 ADGB-14215 L
 ADGB-14216 XL



Black

ADGB-14223
 ADGB-14224 S
 ADGB-14225 M
 ADGB-14226 L
XL



Red

ADGB-14233 S
 ADGB-14234 M
 ADGB-14235 L

ESSENTIAL

MRP ₹ 1199

Made from lightweight breathable fabric. Durable palm covering. The gloves help to maintain a natural feel resulting in greater dexterity and grip.



Red

ADGB-12514 M
 ADGB-12515 L
 ADGB-12516 XL



Grey

ADGB-12524
 ADGB-12525 M
L



Petrol

ADGB-12534 M
 ADGB-12535 L
 ADGB-12536 XL

PERFORMANCE

MRP ₹ 1399

Made from the latest Climacool Technology, the Performance Gloves keep you cool and dry. The gloves are designed to reduce irritation whilst the ergonomic palm padding increases comfort and maximises grip.



Camo

ADGB-13113 S



Power

ADGB-13143 S
 ADGB-13144 M
 ADGB-13145 L
 ADGB-13146 XL



Pink

M

Women



Ora

S
M



YOGA MAT - 8mm

MRP ₹ 2499

Ideal for Yoga, Pilates and General ground exercise, 8mm Thickness mat provides cushioning and stability; with a non-slip texture increasing traction for stronger and more rooted poses. Compact and rollable, Easy to transport and store.

Size : L x W x H - 1760 x 610 x 8 mm



ADYG-10100B
Trace Blue



ADYG-10100G
Aero Green



ADYG-10100MR
Mystery Ruby



ADYG-10100RG
Raw Green



ADYG-10100VG
Vapor Grey



ADYG-10100BK
Black

HOT YOGA MAT - 2mm

MRP ₹ 3199

ADYG-10680BK

Black

Size : L x W x H - 1730 x 610 x 2 mm

Designed for hot yoga, the mat's towelling surface absorbs sweat for maximum grip and stronger poses. At 2 mm thick, the soft material helps reduce irritation whilst the webbed non-slip base minimises movement for top performance.

Compact and rollable; the adidas Hot Yoga Mat is easy to transport and ideal for use alone or in addition to another mat.



CORK YOGA BLOCK

MRP ` 1699



ADYG-20100CORK

Size : L x W x H - 228 x 120 x 75 mm

It is used to support the body, allowing for greater relaxation and preventing over stretching in the early stages of practice. The Cork Yoga Block is eco-friendly and naturally antibacterial, with no harsh chemicals used in its making.

FOAM YOGA BLOCK

MRP ` 899



ADYG-20100FOAM

Size : L x W x H - 228 x 152 x 76 mm

With bevelled edges for a stronger grip, the adidas Yoga Block deepens and supports your poses for effective training. Constructed from high-density EVA foam; the block stands strong through prolonged use to aid your pose progression.

YOGA SOCKS

The grey, soft adidas Yoga Socks offer maximum comfort and a barefoot feeling with slip-free security. Breathable and sweat-wicking, the highly functional Yoga Socks feature dotted grip tread and a stretchable attachment at the arch of the foot to keep the sock in place. These socks even enable you to go mat-free.



ADYG-30102GR

Yoga Socks - M/L

Size : L x W x H - 205 x 100 x 20 mm

MRP ` 999



ADYG-30101GR

Yoga Socks - S/M

Size : L x W x H - 185 x 88 x 20 mm

MRP ` 999

PILATES BANDS

MRP ` 2499



ADYG-20300

Size : L x W x H - 2000 x 100 x 0.5 mm

Pilates bands are used for total-body conditioning, enabling you to target numerous muscles. Made of high quality latex rubber, the Pilates Bands are strong enough to hold up during heavy routines. It engages more muscle fibres and helps to improve form, leading to a leaner, sculpted body.

SPORTS HAIR BANDS

MRP ₹ 699

Adidas headbands keep hair out the way so you can focus on your workout. Lycra material absorbs sweat to reduce irritation with an elasticated fit and silicone strip keeping your hair and band in place.



ADYG-30203

Grey, Green, Mint (3 pack)

Size : L x W x H - 223 x 40 x 5 mm



ADYG-30204

Black, White, Grey (3 pack)

Size : L x W x H - 223 x 40 x 5 mm

Head Band

The adidas headband keeps hair out the way so you can focus on your workout. The material absorbs sweat to reduce irritation with an elasticated fit keeping your hair and band in place.

Size : L x W x H - 225 x 100 x 4 mm



ADYG-30222BK

Black

MRP ₹ 999



ADYG-30222WH

White



ADYG-30222CO

Clear Orange Graphic

MRP ₹ 1099



ADYG-30222TL

Real Teal



ADYG-30222CB

Collegiate Burgundy



PERFORMANCE WATER BOTTLE-600ML

MRP ` 1099

Size : L x W x H - 75 x 75 x 227 mm

Made from squeezable material, the adidas Performance Water Bottle's screw cap design and textured rubber grip make it ideal for all sports and training.

Featuring a silicone puff valve, the BPA free bottle is also dishwasher safe.



PERFORMANCE WATER BOTTLE-900ML

MRP ` 1199

Size : L x W x H - 82 x 82 x 277 mm

Made from squeezable material, the adidas Performance Water Bottle's screw cap design and textured rubber grip make it ideal for all sports and training.

Featuring a silicone puff valve, the BPA free bottle is also dishwasher safe.





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